

## **Background Box:**

### **Overview on Jim O'Brien:**

[Senate Confirms James O'Brien to Ambassador Role](#)

[Head of the Office of Sanctions Coordination](#)

### **Overview on the War on Ukraine:**

[Ukraine/Russia-Related Sanctions \(2014\)](#)

[Putin: Russia may halt energy exports if West caps prices](#)

[Imposing Additional Costs on Russia for Its Continued War Against Ukraine](#)

[Statement from President Biden on Ukraine Independence Day](#)

[Shutting Down Nord Stream Marks the Point of No Return for Russian Gas](#)

[How Much Has U.S. Helped Ukraine? Aid Is Worth Most Since War Began](#)

As the war in Ukraine continues, debates on the effectiveness of sanctions have erupted across the U.S. From an economic perspective, sanctions do more harm than good. From the international perspective, sanctions are a necessary measure to protect and support democracy.

### **For more about why sanctions do not work, read:**

[Why Sanctions on Russia Won't Work](#)

[Why Sanctions Don't Work, and Why They Mostly Hurt Ordinary People](#)

[Why Economic Sanctions Don't Work](#)

[Why Sanctions on Russia Don't Work](#)

[My Country, Right or Wrong: Russian Public Opinion on Ukraine](#) (scroll down to "Double-Edged Sanctions")

### **For more about why sanctions do work, read:**

[US: Russia to buy rockets, artillery shells from North Korea](#)

[Economic Impact of Sanctions on Russia](#)

[U.S. Sanctions on Russia](#)

[United with Ukraine](#)

[In isolated Russia, a tale of two economies](#) (impact of sanctions in Russia)